



Ages 8-18

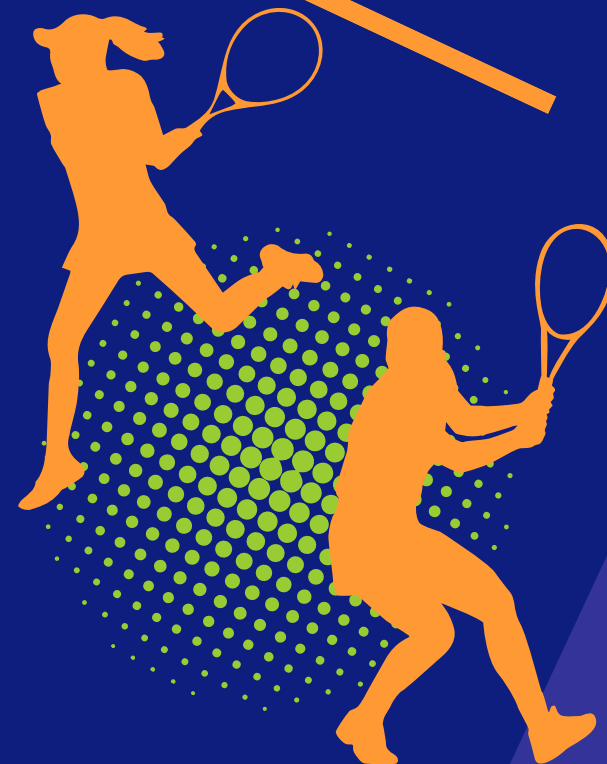
Join Jr. Excellence and train like a champion!

Starting August 17!

Mon-Thurs

4:30 PM-6:30 PM

- ✓ *Intermediate to Advanced Jr. Program*
- ✓ *Program Is Divided Into 3 Levels*
- ✓ *Full-Time and Part-Time Options Available*
- ✓ *Weekly Private Lessons Available*
- ✓ *Perfect for Middle School, High School & Emerging USTA Players*



Torrie Browning

Director of Jr. Excellence
Racquet Sports Director

Jr. Excellence is a junior program that provides players the foundation to continue to build on their technique, footwork and competitive skills. Level 3 of the program is “prep” for JET High Performance

Torrie Browning was a former NCAA Division I College Head Coach and NCAA Division I Player with over 17 years of coaching experience.



JR. EXCELLENCE OVERVIEW



Below are the Jr. Excellence Levels of progression within the program. The goal of Jr. Excellence is to provide a stage in the TRC Jr. Player Pathway that leads players to JET if the skills are sufficient and if there is a willingness to a strong commitment.

1

JR. EXCELLENCE LEVEL I

AGES 8-10

2 Days Per Week/2 Hours Per Day

PROGRAM MEETS MON & THURS ONLY

4:30PM-6:30 PM

Tournament Participation:
Recommended but not required

This stage is perfect for players wanting to play USTA Jr. Circuit Tournaments

2

JR. EXCELLENCE LEVEL II

AGES 10-18

2 or 4 Days Per Week/2 Hours Per Day

PROGRAM MEETS MON-THURS

4:30PM-6:30 PM

Tournament Participation:
Recommended but not required

This stage is perfect for players that are trying to make their high school team

3

JR. EXCELLENCE LEVEL III

AGES 10-18

2 or 4 days Per Week/2 Hours Per Day

PROGRAM MEETS MON-THURS

4:30PM-6:30PM

Tournament Participation:
Recommend 1 per month (i.e. USTA L4-L7)

This stage is perfect for players looking to advance to JET

- Level I is for players that have advanced from Jr. Beginner Clinics; *Formerly Jr. Development*
- Players know how to serve, can rally and are ready to start competing; potentially USTA tournaments
- The fundamentals, technique, and footwork remain the focal point in training
- *At completion, players should be ready to advance on to Jr. Excellence Level II or Level III with Director approval*

- Level II is where the foundations of a complete tennis player are built
- Players train movement, technique and court awareness are developed simultaneously
- Players show consistency, place the ball with intention, and play points with a purpose
- *At completion, players should be ready to advance to Jr. Excellence Level III with Director Approval*

- Level III is where players train in a challenging, high-expectation environment
- The technical foundation is in place, and players are trained on tactical, physical and mental dimensions of competition
- Players learn to play offensively, defensively and know their game style
- *At completion, players should be ready to advance to JET . Invite and approval only by the Director of JET with a consultation with the Director*



JR. EXCELLENCE PRICING LEVEL I ONLY AGES 8-10



PLEASE SEE BELOW FOR MEMBER AND NON-MEMBER RATES

MEMBER PRICING (2.6% tax added to price)

Option 1: 2x/Week + weekly private lesson Mon & Thurs ONLY \$320/Month (lesson included in price)	Option 2: 2x/Week (no lesson) Mon & Thurs ONLY \$140/Month
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NON-MEMBER PRICING (2.6% tax added to price)

Option 3: 2x/Week + weekly private lesson Mon & Thurs ONLY \$406/Month (lesson included in price)	Option 4: 2x/Week (no lesson) Mon & Thurs ONLY \$196/Month
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JR. EXCELLENCE PRICING LEVEL II AND LEVEL III ONLY AGES 10-18



**PLEASE SEE BELOW FOR MEMBER AND NON-MEMBER RATES
FULL-TIME AND PART TIME OPTIONS**

MEMBER PRICING (2.6% tax added to price)

Option 1: 4x/Week + weekly private lesson Mon-Thurs \$460/Month (lesson included in price)	Option 2: 4x/Week (no lesson) Mon-Thurs \$280/Month
Option 3: 2x/Week + weekly private lesson Mon-Thurs (choose any 2 days) \$330/Month (lesson included in price)	Option 4: 2x/Week (no lesson) Mon-Thurs (choose any 2 days) \$150/Month

NON-MEMBER PRICING (2.6% tax added to price)

Option 1: 4x/Week + weekly private lesson Mon-Thurs \$602/Month (lesson included in price)	Option 2: 4x/Week (no lesson) Mon-Thurs \$392/Month
Option 3: 2x/Week + weekly private lesson Mon-Thurs (choose any 2 days) \$420/Month (lesson included in price)	Option 4: 2x/Week (no lesson) Mon-Thurs (choose any 2 days) \$210/Month



JR. EXCELLENCE IMPORTANT INFORMATION



Program Dates, Times and Scheduled Breaks

- 15-week program (Aug-Dec)
- Mon-Thurs: 430pm-630 pm
- There are two scheduled breaks:

Oct. 5-9 (Fall Break)

Nov. 23-27 (Thanksgiving Break)

Coaching Structure

- Coach/Player ratio 1:5 per court
- Ensures the quality of instruction and individual attention for each player

Program Schedule and Details

- We incorporate a “Theme of the Week” to tailor our training for the week
- Monday/Tuesday: Drills, Live Ball Exercises, Tennis Specific Footwork/Conditioning, Point Play
- Wednesday: Drills, Live Ball Exercises, Tennis Specific Footwork/Conditioning, Point Play
- Thursday: Match Day! The most important day of the week! This day takes all of the drills, footwork and live ball exercises and puts them into practice in a match setting

Private Lessons

- The Jr. Excellence Program offers a weekly private lesson with your pro of choice
- We also offer Jr. Excellence “hitting” lessons where the player and pro can engage in “live ball” exercises and point play that simulate situations in a match.

****Please note, hitting lessons are at an additional price. Contact Director of Jr. Excellence for pricing details. ****

Jr. Excellence Tournaments 🏆

- We have a monthly “Jr. Excellence Tournament” where players of the program compete against each other in a tournament-like setting
- Players compete in a compass draw and are guaranteed at least 2 matches
- These tournaments introduce players to a competitive “stress-free” atmosphere who may want to start playing USTA tournaments



JR. EXCELLENCE IMPORTANT INFORMATION



Program Billing Details

- Price per month is average monthly billing over 5 months (**Aug., Sept., Oct., Nov., Dec.**) The total cost of the program is over 15- weeks and is divided equally over 5 months. *You are charged the same for each month regardless of how many days your child attended that month due to when the program begins and ends as well as planned breaks/holidays*
- Pricing is prorated to the actual start date of your child. For example, if your child begins Sep. 14, you will be charged for 11 weeks (remaining weeks left in the fall session divided equally over 4 months)
- **“Rain Days” are built into the cost of full-time options of Jr. Excellence Levell II and III & Jr. Excellence Level I ONLY. Part-time options can use other days of the week to make-up “rain days”**
- Billing is done at the end of each month on the following dates:
(Aug. 28, Sept. 28., Oct. 28, Nov.28, Dec. 28)
- **5% discount on Fall Session if Paid in Full (all 5 months)**
- **Refer a friend and receive a 10% discount on 1st monthly payment**
- **10% discount for additional immediate family member**
- **10% discount for children of Active Duty & Veterans**
- If at any point you decide that Jr. Excellence is no longer a good fit for you, an email to the Director of Jr. Excellence, Coach Torrie will need to be provided 2 weeks before the start of the next month to avoid be charged next month's fee
- If an injury or illness occurs at any point during the session and the continuation of the program is no longer feasible; you will be charged up until the last date of participation. If at any point your child would like to resume clinic, please email the Director of Jr. Excellence.
- Inclement Weather? We decided 1 hour prior to clinic time. Check Instagram, Facebook and Email or call TRC's front desk (520) 795-6960 *4