TRFC Catering / Events Menu

Salad Options

TRC – Mix of spinach and romaine, craisins, walnuts, strawberries, avocado and feta cheese

Caesar – Crisp romaine tossed with parmesan, house made croutons and creamy Caesar dressing.

Wild rice and almond – mixed greens, carrots, cucumbers, tomato, and wild rice tossed with balsamic dressing.

Chef – Spring mix topped with turkey, ham, Swiss cheese, tomato, egg and cucumber.

Cobb- Mixed greens, diced chicken, bacon, blue cheese crumbles, tomato, egg and avocado

Asian- Mixed greens, cabbage, mandarin oranges, almonds, carrots, and Chow Mein noodles

Spinach- Baby spinach, mushrooms, onions, bacon, parmesan cheese and egg

Mixed greens- Carrots, tomato, cucumbers, and red onions

Other salad options

Salmon salad (may be served with mixed greens or lavosh crackers)

Shrimp Louie

Caprese

Chicken salad (may be served with mixed or lavosh crackers)

Taco- (may be served as a bar with the following toppings) Large shell, ground beef, mixed greens, tomatoes, refried beans, shredded cheese, black olives, salsa and guacamole.

Egg salad

Tuna salad

Potato salad

Macaroni salad

Pasta salad with vegetables in a vinaigrette

Southwestern coleslaw (pecans and cilantro)

Entrees:

Pork ribs

Shredded bbg pork

Salmon with a dill beurre blanc

Salmon picatta

Beef short ribs

Meatloaf

Prime rib (au jus and horseradish)

Beef stew

Beef chili

Beef and vegetable skewers

Roasted chicken halves with a natural au jus

Blackened chicken with lemon butter sauce

Pasta alfredo

Pasta with marinara

Pasta primavera

Pasta tossed in herb olive oil

Corned beef

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Sides:	Pretzel bites
Mashed potatoes	Quesadilla
Baked potatoes	Shrimp cocktail grilled and chilled
Potato au gratin	Freshly made potato chips with onion dip
Potato O'Brien	Nachos
French fries (steak or crinkle)	Bourbon meatballs
Sweet potato fries	Swedish meatballs
Onion rings	Beef sliders
Fried zucchini	
Pico de Gallo	Ideas:
Salsa	Taco bar
Guacamole	Nacho bar
Rice pilaf	Hamburger and hot dog bbq
Spanish rice	Beef slider bar
White rice	Ice cream bar
Fresh fruit	
	Sandwiches:
Starters (the fun stuff)	Turkey
Assorted deviled eggs	Ham
Assorted phyllo cups (spinach and feta, salmon salad, chicken salad, duxelles, crab salad, shrimp salad, and lobster salad)	Roast beef
	Club
Chef's board (meats, cheeses, nuts, fruit fresh or dried and olives)	Turkey bacon avocado
	BLT
Wings	French dip
Jalapeno poppers	Rueben
Pigs in a blanket	Assorted cold cut sliders

Italian cold cut

Mini chimis (beef, chicken, or cheese and

peppers)