



# Gluten-Free Menu

## APPETIZER BASKETS

Our fryers use 100% Canola oil. Our chips are homemade with 100% corn tortillas.

### Chips & Salsa

3.95

### Chips, Salsa & Guacamole

5.95

### Hot Wings

Choice of gluten-free hot sauce

or BBQ sauce

10 Piece – 7.25

20 Piece – 13.75

### French Fries or Sweet Potato Fries

5.95

## PLATES

### Gluten-Free Chicken Tenders

Served with ranch dressing 6.95

### Potato Skins

With all the fixings 5.99

### Fresh Fruit Plate with Yogurt

7.95

### Assorted Fresh Vegetables

Served with ranch dressing 5.99

## A LA CARTE

### Caesar Salad

2.75

### Garden Salad

2.50

### Coleslaw

2.00

### French Fries

2.95

### Cottage Cheese

2.50

### Fresh Fruit

3.95

### Veggie Plate

2.75

### Tofu Italian

2.00

### Sweet Potato Fries

2.95

## BEVERAGES

### Soft Drinks, Coffee, Iced Tea or

Hot Tea 1.85

### Lemonade or Orange Juice

No Refills 1.99

### Fruit Smoothie

Smoothie - 4.95

with Protein – 5.50

### Milkshake

Chocolate, Strawberry or Vanilla 4.95

## BURGERS & DOGS

**Choice of Side:** cup of soup, French fries, sweet potato fries, coleslaw, cottage cheese, fruit or side salad. Burgers and hot dogs are served on a gluten-free bun.

### 1/3lb Angus Beef

Lettuce, tomato, pickles and onions 6.99

### Jumbo Dog

4.99

### Extra toppings below are 50 cents each

Monterey Jack Cheese Cheddar Cheese Swiss Cheese

Mozzarella Cheese Feta Cheese Blue Cheese

Vegetarian Chili Grilled Onions 2 Bacon strips

Green Chili Strips Sautéed Mushrooms Guacamole

## DINNER

Dinners include gluten-free bread and your choice of two of the following: Garden salad, Caesar Salad, steamed vegetables, rice pilaf, fresh fruit or coleslaw.

### 8oz Ribeye Steak

12.99

### 8oz Grilled Salmon

12.99

### Chicken Tenderloins

10.75

## PIZZA

### 10" Cheese Pizza on a gluten-free crust

10.00

### Additional toppings are 50 cents each

Pepperoni, ham, pineapple, sausage, onions, mushrooms, peppers, olives, sundried tomatoes, bacon, artichokes etc.

## DESSERT

### Gluten-Free Chocolate Chip Cookie

1.00

### Ice Cream

One Scoop – 1.75

Two Scoops – 3.25

All menu items do not contain ingredients with gluten. However, since some menu items are manufactured in facilities that also process products that may contain gluten we cannot guarantee that all menu items are 100% free of the gluten allergen. Therefore we insist you consume at your own risk.

# SANDWICHES

**Choice of Side:** cup of soup, French fries, sweet potato fries, coleslaw, cottage cheese, fruit or side salad. **All sandwiches served on Gluten-Free Bread.**

## COLD SANDWICHES

### Turkey Club

Half - 6.25 Whole - 8.50

### B.L.T. Bacon, Lettuce & Tomato

Half - 5.25 Whole - 6.99

### Chicken Salad Sandwich

Half - 6.25 Whole - 8.50

### Marian's Albacore Tuna Sandwich

Half - 6.25 Whole - 8.50

### T.B.A. Turkey, Bacon & Avocado

Half - 6.25 Whole - 8.50

### Ham, Turkey or Roast Beef

Lettuce, tomato & red onion

Half - 6.25 Whole - 8.50

### Veggie Sandwich

Cucumber, avocado, cream cheese & red onion

Half - 6.25 Whole - 7.99

### Buzz Sandwich

Turkey, Dijon mustard, mozzarella, raw onions, sun dried tomatoes

& avocado

Half - 7.25 Whole - 9.99

### Grilled Cheese

Half - 3.99 Whole - 5.50

### Grilled Cheese Deluxe

Tomato, green chile & onion

Half - 4.99 Whole - 6.25

\*add ham or bacon\*

Half - 5.99 Whole - 7.50

## HOT SANDWICHES

### Reuben Sandwich

Half - 6.25 Whole - 8.50

### West Coast Reuben

Turkey, ham and coleslaw

Half - 6.25 Whole 8.50

### Hot Pastrami

Half - 6.25 Whole 8.50

### Grilled Chicken Monterey

Jack cheese & green chile 8.50

### Cajun Grilled Chicken

Blackened with jack cheese 8.50

### Ribeye Steak Sandwich

Topped with mushrooms, onions, peppers & Swiss cheese  
10.99

## SALADS

Substitute or add Salmon on any salad for additional 2.00

Choice of gluten-free dressings: Ranch, Blue Cheese, Honey-Mustard, Greek, Caesar, Balsamic, Italian, Raspberry Vinaigrette, Thousand Island

### Soup & Salad Combo

Cup add 2.25 Bowl add 3.99

### Greek Salad

Cucumber, tomatoes, onions, feta. 1 hummus w/ half, 2 hummus w/ whole

Half - 7.25 Whole - 8.99

With gyro meat or chicken

Half - 8.25 Whole - 9.99

### Caesar Salad

Half - 4.95 Whole - 6.75

With chicken

Half - 7.25 Whole - 8.99

### Chef Salad

Turkey, ham, Swiss, cheddar & tomatoes with mixed greens and choice of dressing

Half - 7.25 Whole - 8.99

### Marian's Albacore Tuna Salad

With fresh apples & low-fat yogurt

Half - 7.25 Whole - 8.99

### Chicken, Wild Rice & Almond Salad

Tossed with balsamic vinaigrette

Half - 7.25 Whole 8.99

### Fried Chicken Salad

Diced onions, tomatoes, bacon crumbles, hardboiled eggs and mixed cheeses with gluten-free fried chicken and ranch

Half - 7.25 Whole - 8.99

### Cobb Salad

Blue cheese crumbles, turkey, bacon and egg

Half - 7.25 Whole - 8.99

Split any sandwich or salad for 1.00 extra | Add avocado or guacamole for 1.00 extra | Additional hummus, tofu, sour cream or salsa .75 each

### Pecan Dijon Chicken Salad

On of a bed of lettuce with tomatoes and sliced grapes

Half - 7.25 Whole - 8.99

### Spinach Salad

Red onion, mushrooms, hardboiled egg and cheese with fat free honey mustard dressing

Half - 7.25 Whole - 8.99

### Grilled Chicken, Fresh Basil Salad

Greens, diced tomatoes, chiffonade of fresh basil, mozzarella and grilled boneless skinless chicken

Half - 7.25 Whole 8.99

### Southwest Chicken Caesar Salad

Boneless skinless chicken, black beans, corn tortilla strips, fresh salsa, cheese, romaine and Caesar salad dressing

Half - 7.25 Whole 8.99

## SOUPS

Served with gluten-free bread or corn tortilla.

**Today's Homemade Soup** (please ask your server for today's gluten-free soups)

Cup - 3.25 Bowl - 4.99

### Vegetarian Chili

Served with shredded cheese & onions

Cup - 3.25 Bowl - 4.99